



Ancient Ways

4075 Telegraph Ave. Oakland CA 94609

(510) 653-3244

www.ancientways.com

Stones: Their Spiritual Properties

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Price and form (raw, tumbled, points, clusters, etc.) are subject to availability.

The following properties are from folklore and should be used in addition to any medical help you might need. All stones and prices are subject to change and availability. *Results are not guaranteed.*

How to choose a particular stone: Use your first impression and your intuition. Allow yourself to choose an imperfect stone if you are drawn to it.

How to cleanse a stone:

- Pack it in salt for one hour to one week.
- Leave it overnight in water with sea salt added.
- Leave it an hour or overnight, under the full moon light.
- Cover with dried pennyroyal herb for a night.
- Wash it under running water.
- Bury it in the earth for an hour to a week.
- Blow a cleansing breath over it.
- Use your imagination for ways that are significant to you.

Chakra Stones:

Crown	Diamond, Amethyst
Brow (Third Eye)	Lapis Lazuli, Quartz
Throat	Turquoise
Heart	Emerald, Tourmaline, Jade
Solar Plexus	Amber, Citrine, Topaz
Spleen	Coral, Carnelian, Tiger's Eye
Root	Ruby, Garnet, Hematite

Agate: acceptance, grounding, emotional and physical balance, raises consciousness, strengthens effects of other stones

Agate, Blue Lace: peace, happiness, combats laziness, eases stress

Agate, Moss: self-confidence, security, acceptance, increases psychic abilities, eases depression

Amazonite: soothing, aligns etheric and mental bodies, for success in gambling

Amethyst: sobriety, assists spiritual, psychic opening in a grounded way, creativity, courage, intuition, self-esteem, calming, wisdom, good dreams

Apache Tears: protection, grounding and centering, luck, divination, peace

Aquamarine: mental clarity, spiritual inspiration, calming, enhances self-expression, purification, psychic abilities

Aventurine: joy and peace, mental clarity, calming, positive attitude, healing, attracts money and luck

Azurite: activates expansion of consciousness, amplifies healing abilities

Bloodstone: vitality, courage, generates higher states of consciousness, success in legal matters, wisdom, protection, prevents deception

Calcite: aids in astral projection, balances yin\yang qualities

Calcite, Green: draws money and prosperity to the home

Calcite, Orange: protection, gives energy to the body when held

Carnelian: protection, courage, strengthening, encourages opening and curiosity, creativity, prosperity, sexuality, protects from envy, evil, deception and misfortune

Chrysocolla: stimulates physical activity, balance fears and guilt, calming emotions, removes blocks to creativity

Citrine: unblocks energy, strengthens will, balance, self-confidence, helps let go addictions, discourages nightmares and gives sweet dreams, joy

Coral: protection, balances physical energy, gives power

Desert Rose: promotes intuitive perception, mental ability, and clarity; calms mental worries and distractions

Diamond: removes blockages and negativity, mental balancer, self-esteem, eases jealousy, mild aphrodisiac; Herkimer diamonds, a kind of quartz crystal, can be substituted. (not available)

Emerald: love, business, memory, meditation, relaxant, strengthens clairvoyant and psychic abilities

Fluorite: increases perception, clears air of psychic clutter

Garnet: energy and vitality, imagination, self-esteem, willpower, calms anger, assures love and faithfulness

Gold Stone: increase physical or magical energy, prosperity

Hematite: grounding, protection, self-esteem, aids in astral projection

Herkimer Diamond: releases physical stress and tension, cleanses subtle bodies, discharges toxicity, aids in past life memory, clairvoyance, dream work, stores information

Howlite: calming, relieves stress and insomnia, assists in past life memories and astral projection

Jade: divine love, encourages altruistic nature and expression of feelings, strengthens earth connections, protects from accidents; Chinese - clarity, modesty, courage, justice, wisdom

Jasper, Dalmation: protection, shielding, open expression, joy and laughter

Jasper, Leopard Skin: balances light and dark, shamanic shape shifting, assists in clarity, reduces insecurities

Jasper, Red: protection, strength, beauty, grace, health and healing, sends negativity back to sender

Jet: draws out negative energy, fights depression, gain victory, associated with Saturn, comfort pain from loss of loved one

Kyanite, Blue: calming, aligns chakras, encourages communication and psychic energies

Labradorite: stimulates physical activity, lifts contentiousness and establishes connection with universal energies

Lapis Lazuli: prosperity, psychic abilities, opens third eye, increases expression, cleansing, aligns etheric, mental and spiritual bodies, thought amplifier, truth, harmony, tranquility, eases sleep, anxiety, and melancholy

Lepidolite: creates harmony with whole, calms the spirit and emotions

Lodestone: draws love, money, and fidelity, can draw away negativity and illness (clean often when used this way)

Magnetic sand: use to “feed” your lodestone (natural, gold colored/

Malachite: protection, self-expression, visions on all levels, balances right and left brain, detoxes, success in business and relationships

Moonstone: emotional balance, receptivity, sensitivity, intuition, clairvoyance, feminine qualities, good for macho people, physically for all “female” problems, protects travelers and those of a sensitive nature

Obsidian: protection, wards off negativity, reduces tension, helps in letting go of an old love, travel, prophesy

Obsidian, Blue: facilitates divination and astral travel, activates the throat chakra, and supports communication

Obsidian, Snowflake: the magician’s stone

Onyx: protection, defensive magic, breaking hexes, grounding, concentration, abstract thought, clairvoyance

Opal/Opalite: protection, enhances cosmic consciousness, intuition, harmony, emotional balance, joy, creativity

Peacock Ore: brings money and prosperity from all directions

Peridot: enhances clarity and patience, calming, balancing, positive outlook, clairvoyance, aligns subtle bodies

Pyrite: money, luck, divination

Quartz, Clear: powerful transmitter, promotes clarity, attunes to higher self, concentrates consciousness

Quartz, Aqua Aura: (clear quartz bonded with gold), soul healing, set self free from limitations, encourages highest spiritual potential

Quartz, Rainbow Aura: (clear quartz bonded with gold and titanium) helps release negative emotions like old grief or resentment, helps bring insights into relationships

Quartz, Rose: love, peace, happiness, fidelity, opens heart chakra

Quartz, Rutilated: breaks old patterns, childhood blockages, eases depression

Quartz, Smoky: creativity, joy, balances emotional energy, grounding

Rhodochrosite: cleanses subconscious, strengthens self-identity, self-love, opening to universal love, comfort, gives confidence, relieves stress, and heals

Ruby: heart, spiritual balance, confidence, flexibility, energy, vitality, devotion, leadership

Selenite: brings peace and tranquility, excellent for meditation, protection, and purification

Shiva Lingam: raises and controls kundalini energy, good for tantric magic, overcoming sexual abuse or trauma

Sodalite: healing, harmony, balance, courage, communication, alleviates subconscious fear and guilt

Sunstone (Feldspar): prosperity, healing, creativity

Tiger’s eye: protection, separates false desires from real needs, detoxes

Topaz: understanding, balance, creativity, relaxing, helps in letting go of the past

Tourmaline, Black: activates base chakra, protects against negativity

Tourmaline, Green: heart chakra, balancer (OS)

Tourmaline, Pink: heart balancer, increases depth of insight and perception, creativity, fertility, balances passivity and aggression, substitute watermelon if needed

Tourmaline in Quartz: crown chakra, attunes to higher self, increases spiritual understanding, promotes peace, transforms negative energy into positive energy

Tourmaline, Watermelon: combines and stimulates the qualities of other tourmalines and strengthens their effect, balance (OS)

Turquoise: protects from harm, increases psychic and communication skills, strengthens whole body, aligns subtle bodies

Unakite: draws off negativity from heart chakra, eases depression, helps uncover deception

Birthstones by Month

January	– Garnet	July	- Ruby
February	– Amethyst	August	- Peridot
March	- Aquamarine	September	- Sapphire
April	- Diamond, Quartz	October	- Pink Tourmaline
May	- Emerald	November	- Citrine, Yellow Topaz
June	- Moonstone, Pearl	December	- Tanzanite, Blue Topaz, Lapis Lazuli